

no	Heat	First Name	Last Name	City	State	sex	age	tshirt	cat	Team Name
342	2	Lisa	Ackerman	Minneapolis	MN	Female	28	S	I	
318	2	Christina	Alm	Maplewood	MN	Female	26	L	I	
312	5	Tom	Amundson	Minneapolis	MN	Male	59	L	I	
220	7	Deb	Anderson	Lakeville	MN	Female	54	S	I	
221	7	Douglas	Anderson	Lakeville	MN	Male	54	L	C	
287	7	Erik	Anderson	Lakeville	MN	Male	24	L	I	
320	5	Angela	Aune	Minneapolis	MN	Female	30	M	I	
439	1	Gillian	Auslander	Minneapolis	MN	Female	40	S	E	
461	1	Cullin	Bachmeier	Lakeville	MN	Male			M	Tri-Lambs
487	4	Tom	Barnard	Burnsville	MN	Male	62	XL	I	
393	6	David	Barnes	Lakeville	MN	Male	43	L	I	
384	4	Anna	Bartczak	Apple Valley	MN	Female	60	XL	I	
224	4	James	Barthel	Dellwood	MN	Male	63	L	I	
411	2	John	Bassett	Saint Paul	MN	Male	27	M	I	
230	5	Shawn	Beaudette	Prior Lake	MN	Male	31	XL	I	
340	5	Bryan	Bellows	Farmington	MN	Male	32	XL	I	
477	5	ridge	benedum	bloomington	MN	Female	34	S	I	
475	5	Kimberly	Bennett	Champlin	MN	Female	31	M	I	
286	7	Jenn	Berkopec	Minneapolis	MN	Female	23	S	I	
378	7	jamie	bertram	osseo	MN	Female	28	M	A	
458	1	Stephanie	Bierman	Apple Valley	MN	Female			F	The Raspberry Force
359	6	Rick	Blum	Eagan	MN	Male	43	XL	I	
377	3	Julia	Bodnaruk	Lakeville	MN	Female	15	S	I	
407	7	Marc	Brander	New Brighton	MN	Male	37	XL	C	
368	4	Lance	Brown-Ochs	Eden Prairie	MN	Male	39	L	I	
206	2	Laura	Bryan	Apple Valley	MN	Female	26	M	I	
397	6	James	Bryan	Chaska	MN	Male	43	M	I	
333	7	Brian	Burkhartzmeyer	Lakeville	MN	Male	53	L	I	
357	6	Patty	Campbell	Plymouth	MN	Female	41	S	I	
466	1	suzanne	canney	Minneapolis	MN	Female			F	The Canney Girls
373	2	Jon	Capstick	Eagan	MN	Male	29	M	I	

291	6	christin cro carlson	Eagan	MN	Female	44	M	I	
226	3	Marjie Carr-Oxley	Roseville	MN	Female	47	S	I	
459	1	Sally Chatelaine	Lakeville	MN	Female			X	That One Team
474	3	Paul Chellsen	Apple Valley	MN	Male	48	M	I	
396	3	Dean Chmielewski	Shakopee	MN	Male	47	M	I	
385	4	Candice Ciresi	Apple Valley	MN	Female	39	L	I	
379	2	Lindsay Cisewski	Minneapolis	MN	Female	28	S	I	
245	4	Lysa Clayburn	Lakeville	MN	Female	38	S	I	
448	1	darrell coyle	prior lake	MN	Male			M	ASL team
449	1	Alex Daeger	St. Paul	MN	Male			M	Wii not Fit
406	4	Taryn dahl	prior lake	MN	Female	39	L	I	
316	5	Christie Daluge	Crystal	MN	Female	34	S	I	
212	7	Jeffrey Daly	Lakeville	MN	Male	50	XL	I	
413	4	tania daniels	apple valley	MN	Female	39	L	I	
306	4	Lisa Delich	Andover	MN	Female	36	M	I	
240	6	Todd Dittrich	Farmington	MN	Male	40	M	I	
404	6	Lynnette Draheim	Madison Lake	MN	Female	41	M	I	
371	4	glen drexler	duluth	MN	Male	36	L	I	
345	7	Todd Duvick	Prior Lake	MN	Male	41	XL	C	
427	3	Carrie Edmunds	Prior Lake	MN	Female	19	S	I	
315	6	Kyle Elbert	Bloomington	MN	Male	43	L	I	
346	6	Michelle Enderson	Lakeville	MN	Female	43	M	I	
421	6	becky enebak	prior Lake	MN	Female	41	S	I	
217	2	Jessica Engel	Lakeville	MN	Female	26	M	I	
426	1	Jonathan Falkowski	Lakeville	MN	Male	29	L	E	
425	6	Rich Felt	Rochester	MN	Male	43	XL	I	
310	3	Amy Ferguson	Lakeville	MN	Female	15	S	I	
205	2	Danielle Ferrante	Edina	MN	Female	26	M	I	
216	3	Michael Finney	Lakeville	MN	Male	49	L	I	
234	4	Sarah Fladhammer	Rosemount	MN	Female	35	M	I	
395	4	GARY FRANCIS	FARMINGTON	MN	Male	35	L	I	
208	5	Chad Frandson	Burnsville	MN	Male	34	L	I	

307	3 Pam	Frost	Farmington	MN	Female	45	M	I	
446	1 Kelly	Gallagher	Lakeville	MN	Female			F	Housewives of Jasper T
454	1 Todd	Gallegos	Lakeville	MN	Male			X	Float Coast and Walk
311	4 Jason	Gerard	Hugo	MN	Male	36	L	I	
336	6 Christine	Gillies	Savage	MN	Female	43	S	I	
337	3 Nathan	Gillies	Savage	MN	Male	16	M	I	
338	6 Steve	Gillies	Savage	MN	Female	43	S	I	
314	7 Christophe	Glanzer	Minneapolis	MN	Male	47	XL	C	
203	4 John	Gournaris	Lakeville	MN	Male	36	XL	I	
321	7 John	Greenfield	Oakdale	MN	Male	22	L	I	
322	2 Brenna	Greenfield	Albuquerque	NM	Female	26	M	I	
323	5 Thomas	Greenfield	Oakdale	MN	Male	59	XL	I	
389	4 mark	groves	Eagan	MN	Male	39	M	I	
455	1 Cole	Grunseth	Prior Lake	MN	Male			X	Team Out-of-Breath
360	5 Chris	Gulbrandson	Minneapolis	MN	Male	31	M	I	
365	2 Deanna	Guse	Appple Valley	MN	Female	26	S	I	
352	5 Marcus	Gustafson	Edina	MN	Male	58	L	I	
293	3 John	Hadacek	Lakeville	MN	Male	45	L	I	
386	3 Erik	Haglund	Lakeville	MN	Male	16	L	I	
405	6 Terri	Haney	Montgomery	MN	Female	44	S	I	
347	7 Adam	Hanneman	Lakeville	MN	Male	22	L	I	
317	5 Erin	Hannon	Eagan	MN	Female	30	S	I	
434	5 Amy	Hanson	Hastings	MN	Female	34	S	I	
301	2 Mamie	Harvey	Lakeville	MN	Female	28	S	I	
246	6 Bill	Hays	Chaska	MN	Male	44	L	I	
478	1 Dan	Hedgecock	St. Paul	MN	Male	23	M	E	
440	1 John	Heinlein III	Stillwater	MN	Male	21	M	E	
319	2 Melissa	Helmick	St. Paul	MN	Female	27	M	I	
486	4 greg	herold	Woodbury	MN	Male	38	L	I	
457	1 Ric	Herrera	Elko	MN	Male			M	Spaminators
325	2 Ryan	Hess	Andover	MN	Male	29	L	I	
326	3 Denise	Hess	Andover	MN	Female	48	M	I	

356	6	Chris	Higgins	Minneapolis	MN	Male	44	S	I	
309	5	Angie	Hirschman-Savstrom	Plymouth	MN	Female	34	S	I	
450	1	julie	hoecherl	richfield	MN	Female			X	team jordan
354	4	David	Hoeffel	Woodbury	MN	Male	39	L	I	
362	3	Paige	Hoeffel	Woodbury	MN	Female	19	S	I	
204	2	David	Hoeninger	Apple Valley	MN	Male	27	L	I	
369	6	Ken	Huetten	Eagan	MN	Male	43	XL	I	
313	7	Michael	Hukka	Rosemount	MN	Male	50	M	I	
228	2	Casey	Hutson	Farmington	MN	Male	28	XL	I	
263	6	Thomas	Illg	Apple Valley	MN	Male	44	XL	I	
442	5	Nathan	Ilse	St. Paul	MN	Male	32	M	I	
339	7	Wayne	Jagow	Lakeville	MN	Male	51	XL	I	
460	1	Julie	Jamieson	Savage	MN	Female			X	DynaStars
445	1	Shaun	Jamison	St Louis Park	MN	Male			X	Triflection
415	1	Sam	Janicki	Maplewood	MN	Male	24	L	E	
428	7	Scot	Jennings	St Paul	MN	Male	50	L	I	
218	6	Leta	Jensen	Lakeville	MN	Female	42	L	I	
280	4	Tim	Johnson	White Bear Lake	MN	Male	38	L	I	
229	5	Jillian	Jorgenson	Minneapolis	MN	Female	30	M	I	
372	3	charles	Julson	Bloomington	MN	Male	45	XL	I	
247	4	Nicole	Junker	Apple Valley	MN	Female	36	L	I	
273	2	Eric	Kaufman	Lakeville	MN	Male	26	L	I	
462	1	Leanne	Kearns	Prior Lake	MN	Female			F	Bailey's Crew
423	4	kristin	Keil	Arlington Heights	IL	Female	35	S	I	
424	4	Dave	Keil	Arlington Heights	IL	Male	35	L	I	
303	3	Betsy	Kintner	Farmington	MN	Female	45	M	I	
334	3	Erin	Kleiner	Lakeville	MN	Female	16	S	I	
249	4	Rob	Knight	Blaine	MN	Male	36	XL	I	
265	4	Mike	Knight	Minneapolis	MN	Male	38	XL	I	
367	3	Tommy	Knutson	Apple Valley	MN	Male	16	L	I	
329	5	Kaleb	Krause	Minneapolis	MN	Male	30	L	I	
328	5	Beth	Kreitzer	Minneapolis	MN	Female	31	S	I	

350	7 Travis	Kreuziger	Inver Grove Heights	MN	Male	32	L	C	
222	4 Steph	Kvasnicka	Lakeville	MN	Female	35	M	I	
264	6 michael	Iafave	lakeville	MN	Male	43	L	I	
467	1 Lisa	Lair	Prior Lake	MN	Female			X	Lakers
353	2 Stephanie	Lamm	Elk River	MN	Female	27	L	I	
380	5 Peter	Lancaster	Minneapolis	MN	Male	55	L	I	
241	6 John	Lankas	Lakeville	MN	Male	43	XL	I	
278	3 David	Leard	Rosemount	MN	Male	46	XL	I	
300	6 Laurie	Lee	Eagan	MN	Female	44	L	I	
409	1 Catherine	Lee	Minneapolis	MN	Female	36	S	E	
469	1 Henriette	Lemke	Prior Lake	MN	Female			F	Tri Angels
297	3 Barb	Leppke-Hennig	Golden Valley	MN	Female	45	M	I	
429	6 Suzy	Levi	St Paul	MN	Female	43	XS	I	
285	2 Melissa	Lewis	Minneapolis	MN	Female	27	S	I	
437	1 Matt	Liebsch	Orono	MN	Male	27	M	E	
277	2 Matt	Lilla	Lakeville	MN	Male	29	M	I	
351	5 Erin	Lindquist	Farmington	MN	Female	31	M	I	
283	2 Craig	Lindsay	Minneapolis	MN	Male	25	L	I	
256	4 Nicole	Lindstrom	Rosemount	MN	Female	35	M	I	
470	1 Teresa	Logemann	Minneapolis	MN	Female			F	Kidney Kids
262	5 Frank	Lombardo	Lakeville	MN	Male	56	L	I	
482	4 Eric	Lund	Stillwater	MN	Male	35	XL	I	
253	5 Kiley	Lyke	Elko	MN	Female	30	L	I	
254	5 Andrew	Lyke	Elko	MN	Male	31	XL	I	
284	5 Julie	Lyles	Burnsville	MN	Female	34	L	I	
447	1 Stuart	MacDonald	Lakeville	MN	Male			M	Old Guys of Jasper Teri
394	2 Michael	Madison	St Louis Park	MN	Male	27	M	I	
233	1 Nick	Madrinich	Chaska	MN	Male	20	M	E	
268	5 Lonny	Mallach	Minneapolis	MN	Male	30	L	I	
282	7 Steven	Manley	Apple Valley	MN	Male	20	L	I	
344	4 Ed	Maslowski	Rochester	MN	Male	64	L	I	
452	1 Janet	McBride	Elko	MN	Female			X	Elko Express

419	7	Anthony (T McNeil	Rosemount	MN	Male	36	L	C	
402	7	James Melland	St. Anthony	MN	Male	23	L	I	
403	7	Tammy Merrill	Burnsville	MN	Female	23	S	I	
481	7	Lien Michael	Shoreview	MN	Male	21	L	I	
444	3	Jill Milbauer	Apple Valley	MN	Female		46 M	I	
399	6	Robert Miller	Apple Valley	MN	Male	40	XL	I	
465	1	Andrew Miller	Eagan	MN	Male			X	2 Guys, 1 Gal and a har
433	6	Kris Miner	Eden Prairie	MN	Female	44	M	I	
248	6	Jordan Moe	Duluth	MN	Male	43	XL	I	
298	6	Julie Mogensen	Farmington	MN	Female	41	L	I	
299	5	Tom Mork	Lakeville	MN	Male	55	XL	I	
435	5	Peter Moscatelli	Chanhassen	MN	Male	55	XL	I	
436	3	Rebekah Moscatelli	Chanhassen	MN	Female	49	M	I	
237	5	Jon Moynihan	Apple Valley	MN	Male	32	L	I	
485	1	Angie Mracek	Rosemount	MN	Female	39	M	E	
431	3	Ian Nemerov	Edina	MN	Male	45	L	I	
274	4	Gordon Nesbit	Lakeville	MN	Male	36	L	I	
275	4	Karrie Nesbit	Lakeville	MN	Female	35	S	I	
483	6	Jennifer Ness	Wayzata	MN	Female	43	L	I	
236	2	Nicole Oliver	Minneapolis	MN	Female	28	S	I	
391	6	kurt olsen	elk river	MN	Male	40	L	I	
400	3	Megan Olsen	Lakeville	MN	Female	17	M	I	
207	6	Todd Opdahl	Chisago City	MN	Male	44	XL	I	
363	3	Mike Orrie	Prior Lake	MN	Male	48	XL	I	
414	7	Luke Oscarson	New Richmond	WI	Male	24	S	I	
289	5	Brian Parker	Savage	MN	Male	33	L	I	
261	3	Elizabeth Paulauskas	Lakeville	MN	Female	46	M	I	
420	7	Matt Perrine	Burnsville	MN	Male	34	XL	C	
341	4	Jason Peterson	Farmington	MN	Male	36	L	I	
238	5	Chris Petree	Lakeville	MN	Male	33	L	I	
476	7	aaron pidde	bloomington	MN	Male	35	L	C	
468	1	Jim pieper	LAKEVILLE	MN	Male			M	Jade Lane Boys

292	5 Bradley	Polz	Golden Valley	MN	Male	30	M	I	
376	1 Andrea	Potyondy-Smith	Champlin	MN	Female	34	M	E	
335	2 Matthew	Priess	Blaine	MN	Male	27	S	I	
381	5 Ann	Proudfoot	Lakeville	MN	Female	55	S	I	
244	5 Larry	Raddatz	Apple Valley	MN	Male	55	L	I	
259	4 Laura	Rades	Andover	MN	Female	36	M	I	
392	4 Vance	Rades	Andover	MN	Male	37	L	I	
290	5 Steve	Regli	Lskeville	MN	Male	58	XL	I	
422	7 Charlie	Roach	Lakeville	MN	Male	52	L	I	
383	3 Rory	Roark	Apple Valley	MN	Male	14	M	I	
416	4 Heather	Rondorf	Blaine	MN	Female	36	M	I	
324	2 trevor	ryan	prior lake	MN	Male	26	L	I	
242	5 Joe	Rydel	Shakopee	MN	Male	32	M	I	
387	6 Mike	Sampson	Minneapolis	MN	Male	40	M	I	
223	2 Renee	Sanden	Lakeville	MN	Female	26	M	I	
227	2 Justin	Savstrom	Lakeville	MN	Male	26	L	I	
308	5 Jake	Savstrom	Plymouth	MN	Male	31	M	I	
408	5 Curtis	Savstrom	Lakeville	MN	Male	56	L	I	
271	4 Mike	Schauer	Lakeville	MN	Male	39	XL	I	
276	7 Tom	Schmidt	Elko	MN	Male	38	XL	C	
327	6 joachim	schugel	victoria	MN	Male	44	L	I	
471	1 Ryan	Schuldt	Apple Valley	MN	Male			X	Eye of the Tiger
243	3 Kurt	Schultz	Lakeville	MN	Male	47	XL	I	
401	6 Jeff	Schwingler	Prior Lake	MN	Male	44	L	I	
390	4 Don	Seiler	LAKEVILLE	MN	Male	36	L	I	
375	7 Todd	Sellner	Lakeville	MN	Male	46	XL	C	
464	1 Eric	Serbus	Savage	MN	Male			X	STARS STAFF
213	1 Kyle	Serreyn	Lakeville	MN	Male	19	L	E	
214	3 Tracy	Serreyn	Lakeville	MN	Female	46	S	I	
215	3 Paul	Serreyn	Lakeville	MN	Male	46	XL	I	
456	1 Jennifer	Seurer	Prior Lake	MN	Female			F	4 STARS
370	1 Brian	Severson	Lakeville	MN	Male	46	XL	E	

480	5 Brian	Shoemaker	Rosemount	MN	Male	32	L	I	
453	1 Stacey	Siats	Savage	MN	Female			X	Griffin's STARS
366	5 Michael	Sindt	Apple Valley	MN	Male	55	XL	I	
288	5 Andrew	Skuzacek	Farmington	MN	Male	34	M	I	
272	1 Victoria	Sletten	Lakeville	MN	Female			F	Decades
239	7 Craig	Smaagaard	Farmington	MN	Male	33	XL	C	
257	4 Tom	Smith	Eden Prairie	MN	Male	67	L	I	
443	5 Bryon	Smith	Carver	MN	Male		33 L	I	
451	1 Mary	Smith	Lakeville	MN	Female			X	MOB3
430	2 Vincent	Sommer	Burnsville	MN	Male	25	M	I	
304	4 Tom	Sorenson	Shakopee	MN	Male	37	XL	I	
231	4 Keri	Sprau	Minnetonka	MN	Female	38	S	I	
232	3 Julie	Sprau	Chanhassen	MN	Female	48	M	I	
473	7 Alicia	St. Germain	Blaine	MN	Female	23	S	I	
355	3 Jonathan	Stilley	Apple Valley	MN	Male	45	L	I	
331	2 Amy	Swanson	Minneapolis	MN	Female	29	S	I	
361	2 Lisa	Swenson	Apple Valley	MN	Female	28	S	I	
210	6 Chris	Tadevich	Farmington	MN	Male	43	L	I	
281	3 Tim	Tanner	Plymouth	MN	Male	46	XL	I	
398	4 Elisa	Tattar	Eagan	MN	Female	36	S	I	
388	7 Allison	Temple	Apple Valley	MN	Female	24	M	I	
250	6 Frank	Thoburn	Andover	MN	Male	43	L	I	
294	2 Katie	Thompson	Eden Prairie	MN	Female	26	S	I	
479	7 Scott	Thorson	Northfield	MN	Male	51	L	I	
364	5 Annika	Torgusen	Eagan	MN	Female	31	S	I	
302	3 Kirsten	Totino	Prior Lake	MN	Female	14	S	I	
410	3 Scott	Tracy	Minneapolis	MN	Male	46	L	I	
348	7 Holly	Traub	Lakeville	MN	Female	51	L	I	
349	7 Tom	Traub	Lakeville	MN	Male	52	L	I	
358	7 Ethan	Trepp	Minneapolis	MN	Male	32	XL	C	
209	6 Michael	Twedt	Minneapolis	MN	Male	44	XL	I	
343	7 Steve	Van Dyne	Lakeville	MN	Male	39	XL	C	

252	6 Jeff	Vanden Busch	Lakeville	MN	Male	44	XL	I	
266	2 Jeff	Vanis	Apple Valley	MN	Male	27	M	I	
267	2 Heather	Vanis	Apple Valley	MN	Female	26	S	I	
296	4 Jen	Venz	Farmington	MN	Female	39	XL	I	
235	1 Alexander	Vogel	Maple Grove	MN	Male	17	L	E	
432	7 Emily	Waitz	Hopkins	MN	Female	33	M	A	
251	2 Britney	Weber	Loves Park	IL	Female	26	M	I	
438	3 Rich	Weeks	Eden Prairie	MN	Male	49	XL	I	
418	4 Joshua	Weigel	Rochester	MN	Male	35	L	I	
255	4 Carole	Weiland	Champlin	MN	Female	39	M	I	
260	7 Gary	Wernersbach	Zimmerman	MN	Male	52	L	I	
332	7 John	Whitehead	Minnetrasta	MN	Male	22	L	C	
305	4 Richard	Wicklund	Lakeville	MN	Male	70	L	I	
374	7 Stephanie	Widen	Eagan	MN	Female	24	M	A	
225	7 Holly	Wiedenhoeft	Minneapolis	MN	Female	24	S	I	
279	6 Andrew	Willett	Saint Louis Park	MN	Male	41	L	I	
382	6 Tony	Willett	Lakeville	MN	Male	40	M	I	
258	4 Ross	Williams	Albert Lea	MN	Male	39	L	I	
295	3 Emily	Wilson	Lakeville	MN	Female	15	M	I	
417	7 Paul	Wilson	Burnsville	MN	Male	50	XL	I	
211	7 Jim	Wolter	lakeville	MN	Male	52	L	I	
463	1 Jacob	Wolter	Lakeville	MN	Male			M	Weekend Warriors
472	7 Molly	Woodford	Eau Claire	WI	Female	20	S	I	
202	3 Susan	Woods	Shoreview	MN	Female	48	S	I	
441	7 Gregory	Yetzer	Lakeville	MN	Male	51	L	I	
201	4 Patrick	Yoon	Minneapolis	MN	Male	39	M	I	
219	3 Pam	Zachman	Golden Valley	MN	Female	45	XL	I	
484	6 Anthony	Zeller	lakeville	MN	Male	43	M	I	
330	6 John	Zenner	Lakeville	MN	Male	42	XL	I	
269	6 Janet	zimmer	farmington	MN	Female	42	M	I	
270	6 erv	zimmer	farmington	MN	Male	42	XL	I	
412	7 Timothy	Zywicki	Colorado Springs	CO	Male	50	L	I	