

Storm Parents,

I wanted to let all of the SR parents know our vision in the creation of the SRE group and the intentions for the club moving forward. We have been trying to relay this message one parent at a time, but thought this would clear the air. Also note this has been thought about for the past two years, so many discussions have helped bring this to the current offering.

In the Spring and Summer we have a SR group that is in the 50-65 athlete range, this creates a problem for focusing workouts and keeping lane numbers low. We knew this was an issue and the decision to create another SR group to further stratify the groups was made, similar to when we added the JR and IG2 group two years ago.

When the decision was made to add a group we as coaches decided to create a set of standards that would allow athletes to make the decision on who would be in the SRE group, rather than just have the coaches pick the athletes. This will be achieved by swimmers who demonstrate that they are indeed committed to moving forward in this current season. Those standards are posted on the website.

The formation of this group was not to give the one group an advantage over another group, but rather to open up pool time for all the SR athletes and move the team forward. The same workouts and focus will be applied to the SR and SRE groups for the Spring and Summer. We also strongly encourage all SR team members to look at the goals and desires that we have in place and apply them to their training.

Please understand this is our first year incorporating this program and we welcome constructive criticism.

Sincerely,

Your Coaching Staff