



South Metro STORM Team Records (50 Meters)

Girls			Age		Boys		
Name	Year	Time	8 & Under	Time	Year	Name	
Regan Smith	2010	37.75	50 Free	34.90	2010	Ryan Husband	
Regan Smith	2010	1:23.96	100 Free	1:18.87	2010	Ryan Husband	
Regan Smith	2010	43.37	50 Back	42.07	2010	Ryan Husband	
Alicia Young	2007	51.15	50 Breast	48.48	2010	Ryan Husband	
Regan Smith	2010	39.41	50 Fly	40.19	2010	Ryan Husband	
Girls			Age		Boys		
Name	Year	Time	9 & 10	Time	Year	Name	
Brianna Alexander	2008	32.80	50 Free	33.69	2010	Andrew Trepanier	
Brianna Alexander	2008	1:10.26	100 Free	1:16.03	2008	John Honetschlager	
Brianna Alexander	2008	2:30.33	200 Free	2:43.88	2008	John Honetschlager	
Elsa Litteken	2010	38.53	50 Back	41.19	2008	John Honetschlager	
Elsa Litteken	2010	1:24.52	100 Back	1:28.25	2008	John Honetschlager	
Brianna Alexander	2008	43.87	50 Breast	48.26	2009	Jack Dessler	
Brianna Alexander	2008	1:36.40	100 Breast	1:48.10	2008	John Honetschlager	
Melissa McMahan	2002	37.14	50 Fly	37.57	2010	Andrew Trepanier	
Melissa McMahan	2002	1:26.31	100 Fly	1:27.00	2010	Andrew Trepanier	
Brianna Alexander	2008	2:57.30	200 IM	3:28.22	2010	Alexander Kraft	
Erin Kaus, Danielle James	2002	2:49.02	200 Medley Relay	2:58.80	2010	Alexander Kraft, Matt Sorenson	
Melissa McMahan, Miranda Anderson						Ryan Husband, Andrew Trepanier	
Madison Shimek, Regan Smith	2010	2:22.59	200 Free Relay	2:27.11	2010	Andrew Trepanier, Sean Dwyer	
Brittany Alexander, Elsa Litteken						Alexander Kraft, Ryan Husband	
Girls			Age		Boys		
Name	Year	Time	11 & 12	Time	Year	Name	
Brianna Alexander	2010	29.15	50 Free	27.50	2010	Marshall Heskin	
Alena Bodnaruk	2009	1:03.69	100 Free	1:00.08	2010	Marshall Heskin	
Brianna Alexander	2010	2:16.07	200 Free	2:14.12	2010	Marshall Heskin	
Brianna Alexander	2010	4:47.09	400 Free	5:00.13	2009	Nathan Regan	
Lauren Harris	2002	34.86	50 Back	34.14	2010	Marshall Heskin	
Brianna Alexander	2010	1:17.62	100 Back	1:16.18	2010	Paul Sadergaski	
Brianna Alexander	2010	2:43.25	200 Back	2:48.11	2010	Paul Sadergaski	
Brianna Alexander	2010	37.46	50 Breast	40.31	2009	Benjamin Sprengeler	
Brianna Alexander	2010	1:21.72	100 Breast	1:28.31	2009	Benjamin Sprengeler	
Brianna Alexander	2010	2:53.89	200 Breast				
Lauren Harris	2010	32.82	50 Fly	28:14**	2010	Marshall Heskin	
Melissa McMahan	2004	1:12.67	100 Fly	1:05.56	2010	Marshall Heskin	
Brianna Alexander	2010	2:35.43	200 Fly	2:38.01	2010	Marshall Heskin	
Brianna Alexander	2010	2:30.32	200 IM	2:35.20	2010	Marshall Heskin	
Shea Bougie, Brianna Alexander	2010	2:20.41	200 Medley Relay	2:19.42	2010	Jonas Lemke, Jack Dessler	
Lauren Harris, Jaimie McNamee						Marshall Heskin, Max Dugan	
Shea Bougie, Brianna Alexander	2010	5:15.04	400 Medley Relay	5:08.20	2009	John Honetschlager, Benjamin Sprengeler	
Jaimie McNamee, Lauren Harris						Luke Sabal, Nathan Regan	
Lauren Harris, Jaimie McNamee	2010	2:02.08	200 Free Relay	2:01.11	2010	Jack Dessler, Jonas Lemke	
Shea Bougie, Brianna Alexander						Max Dugan, Marshall Heskin	
Erin Mahre, Grace Halpenney	2009	4:33.93	400 Free Relay	4:31.35	2009	Luke Sabal, Marshall Heskin	
Brianna Alexander, Alena Bodnaruk						Matt Sable, Nathan Regan	

**State and Central Zone Record



South Metro STORM Team Records (50 Meters)

Girls			Age	Boys		
Name	Year	Time	13 & 14	Time	Year	Name
Danielle James	2006	28.89	50 Free	27.22	2009	JT Thweatt
Elizabeth Kleiner	2007	1:02.43	100 Free	59.73	2010	Nathan Regan
Elizabeth Kleiner	2007	2:13.11	200 Free	2:07.25	2010	Nathan Regan
Elizabeth Kleiner	2007	4:40.77	400 Free	4:27.21	2010	Nathan Regan
Elizabeth Kleiner	2007	9:40.38	800 Free	9:17.74	2010	Nathan Regan
Elizabeth Kleiner	2007	18:16.00	1500 Free	17:49.38	2010	Nathan Regan
Taylor Dessler	2010	34.04	50 Back	31.66	2010	Ryan Young
Taylor Dessler	2010	1:10.52	100 Back	1:07.09	2010	Ryan Young
Taylor Dessler	2010	2:35.62	200 Back	2:23.41	2010	Ryan Young
Jamie Remitz	2010	47.23	50 Breast	39.90	2010	Nathan Regan
Danielle James	2006	1:16.84	100 Breast	1:21.99	2008	Jake Swanson
Danielle James	2006	2:59.31	200 Breast	3:00.04	2010	Nathan Regan
Elizabeth Kleiner	2007	31.78	50 Fly	33.01	2009	Zach Smith
Julia Bodnaruk	2009	1:10.35	100 Fly	1:05.19	2010	Ryan Young
Erin Kleiner	2009	2:42.47	200 Fly	2:23.73	2010	Ryan Young
Julia Bodnaruk	2009	2:37.46	200 IM	2:29.19	2010	Ryan Young
Alena Bodnaruk	2010	5:35.98	400 IM	5:12.94	2010	Ryan Young
Victoria Honetschlager, Danielle James	2006	2:13.15	200 Medley Relay	2:09.46	2010	Mitchell Herrera, Benjamin Sprengeler Luke Sabal, Nathan Regan
Melissa McMahon, Linay McCrady						
Victoria Honetschlager, Danielle James	2006	4:52.93	400 Medley Relay	4:43.85	2010	Mitchell Herrera, Benjamin Sprengeler Luke Sabal, Nathan Regan
Melissa McMahon, Linay McCrady						
Julia Bodnaruk, Katie Nadeau	2009	1:55.93	200 Free Relay	1:53.30	2010	Nathan Regan, Matthew Alacheff Luke Sabal, Mitchell Herrera
Taylor Dessler, Carrie Schrock						
Taylor Dessler, Monica Banasikowski	2010	4:15.07	400 Free Relay	4:08.49	2010	Nathan Regan, Matthew Alacheff Luke Sabal, Mitchell Herrera
Kendra Lair, Alena Bodnaruk						
Alena Bodnaruk, Kendra Lair	2010	9:19.13	800 Free Relay	9:08.03	2010	Mitchell Herrera, Matthew Alacheff Luke Sabal, Nathan Regan
Grace Halpenny, Taylor Dessler						



South Metro STORM Team Records (50 Meters)

Girls			Age	Boys		
Name	Year	Time	15 & 16	Time	Year	Name
Katie Nadeau	2010	28.48	50 Free	26.28	2010	JT Thweatt
Katie Nadeau	2010	1:01.89	100 Free	57.64	2010	Hunter Birchfield
Elizabeth Kleiner	2009	2:11.29	200 Free	2:06.62	2010	Ryan Young
Elizabeth Kleiner	2008	4:42.72	400 Free	4:23.30	2010	Ryan Young
Elizabeth Kleiner	2008	9:43.22	800 Free	8:55.88	2010	Ryan Young
Elizabeth Kleiner	2009	18:57.48	1500 Free	17:15.56	2010	Ryan Young
Cassandra Panka	2009	34.83	50 Back	30.79	2010	Ryan Young
Elizabeth Kleiner	2009	1:13.34	100 Back	1:04.63	2010	Ryan Young
Elizabeth Kleiner	2009	2:33.32	200 Back	2:18.76	2010	Ryan Young
			50 Breast	37.75	2006	Matt Mitchell
Danielle James	2007	1:14.36	100 Breast	1:14.98	2010	Jake Tempesta
Danielle James	2007	2:48.76	200 Breast	2:54.06	2010	Brian Ochsner
Katie Nadeau	2010	31.12	50 Fly	29.95	2010	Hunter Burchfield
Katie Nadeau	2010	1:05.29	100 Fly	1:06.00	2010	JT Thweatt
Katie Nadeau	2010	2:25.93	200 Fly	2:18.78	2010	Ryan Young
Danielle James	2007	2:34.31	200 IM	2:24.06	2010	Ryan Young
Erin Kleiner	2010	5:31.35	400 IM	5:41.10	2009	Brian Ochsner
Victoria Honetschlager, Danielle James	2007	2:10.61	200 Medley Relay	1:58.44	2010	Ryan Young, Jake Tempesta
Melissa McMahon, Wendy Consoer						Hunter Burchfield, Trae Schindler
Erin Kleiner, Melanie O'Neill	2010	4:47.60	400 Medley Relay	4:22.45	2010	Ryan Young, Jake Tempesta
Katie Nadeau, Carrie Schrock						Hunter Burchfield, Trae Schindler
Carrie Schrock, Erin Kleiner	2010	1:55.75	200 Free Relay	1:45.24	2010	Hunter Burchfield, Jake Tempesta
Katie Nadeau, Julia Bodnaruk						Brandon Jensen, JT Thweatt
Katie Nadeau, Haley Chatelaine	2010	4:16.05	400 Free Relay	3:52.68	2010	Hunter Burchfield, Trae Schindler
Julia Bodnaruk, Carrie Schrock						Brandon Jensen, JT Thweatt
Katie Nadeau, Haley Chatelaine	2010	9:18.83	800 Free Relay	8:35.64	2010	Ryan Young, Travis Meyer
Erin Kleiner, Julia Bodnaruk						Hunter Burchfield, Trae Schindler



South Metro STORM Team Records (50 Meters)

Girls			Age	Boys		
Name	Year	Time	17 & 18	Time	Year	Name
Elizabeth Kleiner	2009	28.42	50 Free	25.46	2010	Ben Kosieradzki
Elizabeth Kleiner	2010	1:01.66	100 Free	55.69	2009	Kyle Ochsner
Elizabeth Kleiner	2010	2:10.77	200 Free	2:01.62	2009	Kyle Ochsner
Elizabeth Kleiner	2010	4:36.71	400 Free	4:19.06	2008	Kyle Ochsner
Elizabeth Kleiner	2010	9:28.92	800 Free	9:00.63	2009	Kyle Ochsner
Christen Young	2010	18:30.47	1500 Free	17:06.25	2008	Kyle Ochsner
Elizabeth Kleiner	2010	33.18	50 Back	30.34	2009	Kyle Ochsner
Elizabeth Kleiner	2010	1:10.27	100 Back	1:04.28	2008	Kyle Ochsner
Elizabeth Kleiner	2010	2:28.21	200 Back	2:16.06	2009	Kyle Ochsner
			50 Breast			
Melissa McMahon	2009	1:22.79	100 Breast	1:15.57	2007	Alex Hill
Celia Brown	2010	3:09.07	200 Breast	2:57.62	2010	Brian Ochsner
			50 Fly	28.75	2009	Kyle Ochsner
Elizabeth Kleiner	2010	1:07.89	100 Fly	1:01.53	2009	Kyle Ochsner
Christen Young	2010	2:30.29	200 Fly	2:19.17	2009	Robert Gorycki
Elizabeth Kleiner	2010	2:30.12	200 IM	2:20.37	2009	Kyle Ochsner
Elizabeth Kleiner	2010	5:31.82	400 IM	5:02.01	2009	Kyle Ochsner
Victoria Honetschlager, Melissa McMahon	2004	2:09.71	200 Medley Relay	2:06.15	2006	Matt McCann, Alex Hill
Natalie Herrild, Elizabeth Kliener						Matt Mitchell, Alex Mullikin
Victoria Honetschlager, Danielle James	2007	4:49.13	400 Medley Relay	4:30.14	2009	Kyle Ochsner, Brian Ochsner
Elizabeth Kleiner, Katie Young						Robert Gorycki, Ben Kosieradzki
Natalie Herrild, Victoria Honetschlager	2009	1:54.86	200 Free Relay	1:47.27	2009	Ben Kosieradzki, Joshua Nye
Linay McCrady, Elizabeth Kleiner						JT Thweatt, Kyle Ochsner
Melissa McMahon, Linay McCrady	2009	4:16.24	400 Free Relay	4:01.06	2005	Alex Mullikin, Scott Mitchell
Victoria Honetschlager, Natalie Herrild						Matt Mitchell, Tom Maesaka
Christen Young, Cassandra Panka	2010	9:04.89	800 Free Relay			
Linay McCrady, Elizabeth Kleiner						
Girls			Age	Boys		
Name	Year	Time	19+ & Open	Time	Year	Name
Natalie Herrild	2010	28.55	50 Free	24.31	2007	Alex Hill
Natalie Herrild	2010	1:02.26	100 Free	54.38	2007	Mark Wetzel
Theresa Sorenson	2010	2:24.51	200 Free	2:01.25	2007	Alex Hill
Theresa Sorenson	2009	5:13.65	400 Free	4:17.10	2007	Alex Hill
Theresa Sorenson	2010	11:06.98	800 Free	9:04.79	2010	Kyle Ochsner
Theresa Sorenson	2009	21:19.86	1500 Free	17:24.53	2010	Robert Gorycki
			50 Back	34.10	2010	Kyle Ochsner
Theresa Sorenson	2010	1:32.29	100 Back	1:02.10	2007	Mark Wetzel
Theresa Sorenson	2009	3:14.27	200 Back	2:13.95	2010	Kyle Ochsner
			50 Breast			
Theresa Sorenson	2010	1:33.37	100 Breast	1:12.93	2007	Alex Hill
Theresa Sorenson	2010	3:15.32	200 Breast			
Natalie Herrild	2010	1:09.04	100 Fly	59.26	2008	Mark Wetzel
			200 Fly	2:14.29	2010	Robert Gorycki
Theresa Sorenson	2010	2:55.31	200 IM	2:16.59	2008	Mark Wetzel
Theresa Sorenson	2009	6:48.92	400 IM			
Elizabeth Kleiner, Celia Brown	2010	2:11.97	200 Medley Relay	2:02.78	2010	Kyle Ochsner, Brian Ochsner
Christen Young, Natalie Herrild						Brandon Jensen, Ben Kosieradzki
Elizabeth Kleiner, Celia Brown	2010	4:46.85	400 Medley Relay	5:04.21	2005	Tom Maesaka, Matt Mitchell
Christen Young, Natalie Herrild						Scott Mitchell, Alex Mullikin
Elizabeth Kleiner, Cassandra Panka	2010	1:54.78	200 Free Relay	1:45.94	2010	Ben Kosieradzki, Kyle Ochsner
Linay McCrady, Natalie Herrild						Robert Gorycki, Ryan Young
Cassandra Panka, Linay McCrady	2010	4:08.58	400 Free Relay	3:51.33	2010	Ben Kosieradzki, Trae Schindler
Natalie Herrild, Elizabeth Kliener						Hunter Birchfield, Kyle Ochsner
			800 Free Relay	8:29.32	2010	Robert Gorycki, Ryan Young
						Ben Kosieradzki, Kyle Ochsner