



**A/B FINALS FOR 12 & UNDER  
A/B/C FINALS FOR 13 & OVER**  
WITH TIME TRIALS  
MARCH 5-7, 2010

**Sponsored By:** Richfield Swim Club

**Sanctioned By:** Minnesota Swimming, Inc. and USA Swimming, Inc.

**Meet Sanction Number:** MN10W-01-14Y **Time Trial Number:** MN10W-01-116Y

**Meet Director:** Catherine Grant 612-670-1638 [grantcath@comcast.net](mailto:grantcath@comcast.net)

**Meet Marshal:** Jay Brunkhorst, Christine Brunkhorst

**Inquiries:** Catherine Grant 612-670-1638 [grantcath@comcast.net](mailto:grantcath@comcast.net) & Ken Nelson 952-220-7806  
[ken.nelson07@comcast.net](mailto:ken.nelson07@comcast.net)

**Entries:** Mark Pospisil 612-251-6806 [rscmeetentries@live.com](mailto:rscmeetentries@live.com) 7224 14<sup>th</sup> Ave So, Richfield,  
MN 55423

**Safety Coordinator:** Kate Hardt

**Team Coaches:** Kate Hardt

**Club Officials:** Terry Bumgarner, Tom Bose, Caroline Hale-Coldwell

**Officials:** MSI Qualified Officials

**Team President:** Meg Pospisil

**Registration Chair:** Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184

**MEET TYPE:** This is a 2 ½ day meet. There will be three categories of competition for awards: swimmers with verifiable "A" times but not faster (**No champ times will be allowed**), swimmers with verifiable B times, and swimmers with verifiable C times. Teams must attend their assigned zoned meet (one of three). Non-zoned teams may attend the meet of their choice. This is a closed meet: Only swimmers from the MN LSC can participate.

**POOL LOCATION:** Richfield Middle School Pool, 7461 Oliver Ave. So, Richfield, MN 55423. Telephone for emergency use only: 612-798-6574. The school is located at 75<sup>th</sup> and Oliver Ave., 3 blocks north of I-494 and 1/3 mile west of I-35W, 1 block east of Penn Ave. Northbound on 35W, exit to I-494 east, exit to Penn, R on 76<sup>th</sup>, L on Newton. Southbound on 35W, exit to 76<sup>th</sup> Street, R onto 76<sup>th</sup> St, R on Newton. Eastbound or westbound on I-494, exit on Penn, R on 76<sup>th</sup>, L on Newton. POOL ENTRANCE IS AT EAST END OF PARKING LOT.

**TIME SCHEDULE:** Friday afternoon session – Warm-ups at 4:20 PM to 5:20 PM meet starts at 5:30 PM. Saturday and Sunday Morning sessions: Warm-ups start at 7:20 AM to 8:20 AM, meet

starts at 8:30 AM. Saturday and Sunday afternoon sessions: Will not start before 11:30 AM preceded by a 60-minute warm-up, and a 10-minute break for a coaches meeting.

**FACILITY:** 8 Lane, 25 yard indoor pool with lane lines and backstroke pennants. Slanted starting blocks are 29.5" above the water surface. The pool depth at the starting end is 10' deep. A separate pool is available for warm-up and cool-down.

**PURPOSE:** To provide a Final, Championship level meet for Minnesota swimmers who have not achieved the Minnesota "Champ" time.

**MEET INFORMATION, RULES AND REGULATIONS:** All information, rules and regulations including time standards, schedules, order of events, meet operations and requirements will be in accordance with Minnesota Swimming, Inc. competitive rules and regulations and USA Swimming Rules and Regulations current editions.

**USA SWIMMING MEMBERSHIP:** All swimmers must be current 2010 registered members of USA Swimming. All coaches must be current 2010 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming coach. Any club or individual entering a non-USA-registered swimmer will be subject to a \$25.00 fine per event per swimmer.

**TIMING:** A Colorado Electronic timing system with backup buttons and watches, start horn and touchpads.

**MEET LANE TIMING NEEDS:** A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level."

If your club would like to help out on a specific time or day, please contact the Meet Director.

**ENTRIES:** All entries must be completed by the entering club or individual that will be solely responsible for the accuracy of the entry. A fine of \$100.00 per event will be charged for falsifying any entry. Please call the entries person for directions if you need to hand deliver.

**PROOF OF TIMES:** All events entered must have verifiable times (from a sanctioned or approved USA Swimming Meet or Time Trial) meeting the MN TSE for that specific event. Each team or individual is responsible for providing their own proof of times and must accompany entries. Entries must include Hy-Tek (or compatible) Team Manager printed proof of times or they will not be accepted.

Procedure for swimmers who do not achieve the time standard at the meet

- Swimmers time will be checked by the host team.
- If time is not proven, \$100.00 penalty will be paid to the host team. (Proof of time must come from the meet where the time was achieved, as stated on the team's or individual's meet entry.)
- All fines must be paid to the host club by the end of the meet.
- Teams have one week from the end of the meet to prove the time and their fine will be refunded by the host team.
- When a swimmer uses high school times as proof and does not achieve the time standard, the swimmer will have until the end of the meet to prove their time. Proof times will be accepted from "official meets" which, for high school would include any meet with verifiable results signed by the official in charge of that meet.
- Failure of the team to pay the fine by the first meet of the following season's entry deadline will result in the teams charter being suspended until the fine is paid.
- The host team's swimmers will be checked by ASCA-MN and host teams will pay ASCA-MN.

**FINES:** Any swimmer failing to achieve the qualifying time standard for any individual event must submit appropriate proof of having previously achieved the entry time standard. Any swimmer unable to provide such proof of performance shall pay a fine of \$100 to the host club. Proof of performance must be in a USA Swimming sanctioned or approved competition or Time Trial or official verifiable high school or college meet. Each club or individual is responsible for providing their own proof of performance.

**ENTRY DUE DATE:** An email copy of your entry is due **Wednesday, February 24 2010, by 5:00 PM**. A hard copy including all proof of times and entry fees owed is due Friday, February 26, 2010 by 5:00 PM.

To add swimmers qualifying for events between the entry deadline and 2:00 PM on Monday before the meet or to make changes to your entry, **email an entire new entry** to the host club, bringing to the meet a new hard copy with all the new events and changes highlighted along with proof of times and a check for the remainder of the entry fees. No changes or new entries will be accepted after the 2:00 PM Monday deadline. It is the duty of the entering team to make sure their entry is correct. It is not the duty of the host to fix or try to figure out the wishes of the entering team.

**TIME STANDARDS: 2009-2012 Minnesota Time Standards, revised May 12, 2009.** All 15-16 and Senior events will be combined for competition and separated for awards. The 15-16 Men and Women will enter by the 15-16 time standards. In keeping with the State Meet qualifying format, all Senior competitors must use 17-18 times standards for entry.

**ENTRY LIMITATIONS:** Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day. A swimmer may swim up to 5 events per day, if those additional events are time trial events. All entries must be verifiable from January 1, 2009 to present.

**All A swimmers must have a minimum of an A time, but not the maximum of a champ time, regardless of course. All B swimmers must have a minimum of a B time, but not the maximum of an A time, regardless of course. All C swimmers must have a minimum of a C time, but not the maximum of a B time, regardless of course. All non-conforming qualifying times MUST be entered as non-conforming. Converted times must not be used.**

**FEES:** \$2.50 per entrant listed on the entry sheet, \$5.00 per individual splash. The summary costs are on the calculation sheet. Email entries will be accepted with confirmation of payment based on an attached Meet Calculation Form. Checks must accompany entries and made payable to:

***Richfield Swim Club***

Entry fees must accompany your entry or your entries will not be accepted.

Host teams must use Hy-Tek or SDIF compatible software to run swim meets. Those teams using disk entry must use Hy-Tek or SDIF compatible software (Team Manager) to enter this meet.

There will be no disks sent out to clubs. Please include a **PRINTED AND PROOFED** copy of your **COMMLINK REPORT**, along with your disk as well as the fee calculation form. Minnesota clubs entering this meet must use Hy-Tek or SDIF compatible entry unless your club is on record with MSI that you cannot comply with the disk entry requirements.

**E-MAIL ENTRIES:** Please follow these guidelines when submitting e-mail entries.

1. Use Hy-Tek Team Manager to send entries.
2. E-mail a text file of your entries along with the Team Manager file – this allows the entries chair to double check that the number of swimmers and entries on TM matches the number of swimmers and entries in your text file. If they match, everything is ok, if they do NOT match, we can trouble shoot BEFORE the meet is seeded to make sure no swimmers are left out of the meet. This is extremely important!
3. Please include coach's name, phone numbers and e-mail address so we may contact you if there is any problem with the entry.

4. Any revisions to entries must be **complete replacement** of the previous entries file. The previous entries will be deleted. A revised text file must accompany the revised team manager file.
5. Send a hard copy of your entry files, your proof of times report and a check for entry fees by the due date.
6. Meet results will be emailed unless otherwise arranged. Please indicate your e-mail address on the fee calculation form.
7. When you e-mail your entries, you will receive an e-mail reply as confirmation. If you DO NOT receive a reply, please call the entries chair. (Mark Pospisil 612-251-6806 or Catherine Grant 612-670-1638).

**MEET FORMAT:** The meet is pre-seeded with timed finals. All swimmers must report to their blocks for the start of their heat. All athletes will swim together in their age group category seeded by times and will be separated by A/B/C for awards.

**(500/400) FREESTYLE:** This is a timed final event. It will be deck seeded upon completion of the positive check-in. Positive check-in is required on Saturday afternoon at the timing table. Positive check in will close at the start of Event #53 for Saturday afternoon session and Event# 79 for Sunday morning session. **Heats will be swum fastest to slowest, all age groups (within the session) combined, women alternating with men, separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008).** Minnesota Scratch Rules will be in effect.

**(1000/800) FREESTYLE:** This is a timed final event. It will be deck seeded upon completion of the positive check-in. Positive check-in is required on Sunday afternoon at the timing table. Positive check in will close at the start of Event #103. **Heats will be swum fastest to slowest, all age groups (within the session) combined, women alternating with men, separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008).** Minnesota Scratch Rules will be in effect.

**(1650/1500) FREESTYLE:** This is a timed final event. It will be deck seeded upon completion of the positive check-in. Positive check-in is required on Friday at the timing table. Positive check in will close at the start of Event #5. **Heats will be swum fastest to slowest, all age groups (within the session) combined, women alternating with men, separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008).** Minnesota Scratch Rules will be in effect.

Additional criteria for entering the 800/1000 or the 1500/1650 Freestyle events:

1. Swimmers with an "A" (or faster) or "B" time in the 400/500 Free may use that time to enter the 800/1000 or 1500/1650 (enter the corresponding "A" or "B" event). Note: this rule applies to this meet but not to the STATE meet. Swimmers should enter at the corresponding TSE Time.
2. Swimmers with an "A" (or faster) or "B" time in the 800/1000 may use it to enter the 1500/1650 and vice-versa (enter the corresponding "A" or "B" event). Swimmers should enter at the corresponding TSE Time.

**WARM-UP:** Current MSI and USA Swimming rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be familiar with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(es) from next individual event or expulsion from the meet. The NO DIVING and SLIP-IN-ENTRY rules will be strictly enforced. Swimmer(s) without a coach present are to report to the Meet Referee prior to warm-ups for lane assignment. Minnesota Swimming warm-up procedures will be followed. Please observe general warm up, pace lane and sprint lane time assignments. Depending upon entries, warm-up lane assignments and/or split session warm up may be used.

**AWARDS:** Individual Events: A Events: Medals will be awarded to 1<sup>st</sup> through 8<sup>th</sup> place. B Events: Rosette Ribbons will be awarded to 1<sup>st</sup> through 8<sup>th</sup> place. C Events: Strip Ribbons will be awarded to 1<sup>st</sup> through 8<sup>th</sup> place. Certificates will be issued for new Champ, A and B times. Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results. (Per legislation passed 1/17/06, awards must be given to athletes at the meet.)

**SCORING:** None.

**TIMELINES:** Any timelines provided, whether through the MSI phone line, on the MSI web site, or in the meet program, are for information purposes only. Session start times are only approximations, be aware that sessions may start earlier than published.

**TIME TRIALS:** Time trials will be offered, time permitting, following the morning and afternoon sessions. Time trials are open only to swimmers in the meet. Time trials count toward a swimmer's entry limit for the day (See Entry Limitations). Sign up will be at the pool entrance door. There will be a cost of \$5.00 per time trial event. Warm-ups for time trials will be allowed as time permits at the discretion of the meet referee.

**CONCESSIONS:** Will be provided.

**CHANGES TO THE MEET INFORMATION:** Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

**MEET COMMITTEE:** A meet committee will be formed by the Referee. It will consist of at least one official (excluding the meet Referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decisions cannot be protested.

**COACH'S MEETINGS:** Will take place on a regular basis at the discretion of the referee.



**A/B – A/B/C FINALS  
WITH TIME TRIALS**

March 5-7 2010

Sanctioned by Minnesota Swimming, Inc & USA Swimming, Inc.

**Meet Sanction Number: MN10W-01-14Y Time Trial Number: MN10W-01-116Y**

Team Name \_\_\_\_\_ Abbreviation \_\_\_\_\_

Coach \_\_\_\_\_ email \_\_\_\_\_ Phone \_\_\_\_\_

Entries Chair \_\_\_\_\_ email \_\_\_\_\_ Phone \_\_\_\_\_

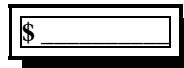
MEET RESULTS may be EMAILED to \_\_\_\_\_ email \_\_\_\_\_

**ENTRY DATA AND COSTS:**

\_\_\_\_\_ Total Swimmer x \$ 2.50 = \_\_\_\_\_

\_\_\_\_\_ Total Splashes x \$ 5.00 = \_\_\_\_\_

**TOTAL DUE**



**MAKE CHECK PAYABLE TO *Richfield Swim Club***

**ALL FEES DUE FRIDAY, FEBRUARY 26<sup>TH</sup>, 2010**

Whom should we contact if there is a problem with your entry disk?

Name: \_\_\_\_\_ email: \_\_\_\_\_

Day Phone #: \_\_\_\_\_ Night Phone # \_\_\_\_\_

? When you **email your entries** you will receive an email confirmation right away. **If you do NOT receive a reply please call the Entries Chair** (Mark Pospisil 612-251-6806). All email entries must include a **text file** of entries as per Meet Info.

Mail a copy of your entry text file, proof of times, and payment by **Friday, February 26th, 5:00 pm**, to:

**Mark Pospisil  
Entry Chair  
7224 14<sup>th</sup> Ave So  
Richfield MN 55423**

The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete-members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach-member of USA Swimming, Inc.

Signature: \_\_\_\_\_ Printed Name: \_\_\_\_\_

# OFFICIAL ENTRY FORM-MINNESOTA-U.S.A. SWIMMING, INC.

Sanctioned by Minnesota Swimming & U.S. Swimming

Meet Sanction Number: **MN10W-01-14Y** Time Trial Number: **MN10W-01-116Y**

Sheet \_\_\_\_ of \_\_\_\_

CLUB \_\_\_\_\_ CLUB ABBREV \_\_\_\_\_

ENTRY CHAIRPERSON \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

## INDIVIDUAL ENTRIES

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

# AB/ABC FINALS -- WINTER 2010

AB FINALS FOR 12 & UNDER/ABC FINALS FOR 13 & OVER

FRIDAY PM					SATURDAY AM					SATURDAY PM				
Girls Evt	DIV	AGE	EVT	Boys Evt	Girls Evt	DIV	AGE	EVT	Boys Evt	Girls Evt	DIV	AGE	EVT	Boys Evt
1	A/B/C	13-14	400 IM	2	11	A/B	11-12	50 FR	12	41	A/B/C	13-14	100 FL	42
3	A/B/C	15&O	400 IM	4	13	A/B	9-10	50 FR	14	43	A/B/C	15&O	100 FL	44
5	A/B/C	13-14	100 IM	6	15	A/B	8&U	50 FR	16	45	A/B/C	13-14	200 FR	46
7	A/B/C	15&O	100 IM	8	17	A/B	11-12	100 FL	18	47	A/B/C	15&O	200 FR	48
BREAK					19	A/B	9-10	100 FL	20	49	A/B/C	13-14	100 BR	50
9	A/B/C	13&O	1650 FREE	10	21	A/B	8&U	50 BK	22	51	A/B/C	15&O	100 BR	52
					23	A/B	11-12	100 BK	24	53	A/B/C	13-14	200 IM	54
					25	A/B	9-10	100 BK	26	55	A/B/C	15&O	200 IM	56
					27	A/B	8&U	100 IM	28	57	A/B/C	13-14	100 BK	58
					29	A/B	11-12	100 IM	30	59	A/B/C	15&O	100 BK	60
					31	A/B	9-10	100 IM	32	BREAK				
					33	A/B	11-12	50 BR	34	61	A/B/C	13&O	500 FR	62
					35	A/B	9-10	50 BR	36					
					37	A/B	11-12	200 FR	38					
					39	A/B	9-10	200 FR	40					

SUNDAY AM					SUNDAY PM				
Girls Evt	DIV	AGE	EVT	Boys Evt	Girls Evt	DIV	AGE	EVT	Boys Evt
63	A/B	11-12	200 IM	64	91	A/B/C	13-14	200 FL	92
65	A/B	9-10	200 IM	66	93	A/B/C	15&O	200 FL	94
67	A/B	8&U	50 BR	68	95	A/B/C	13-14	50 FR	96
69	A/B	11-12	50 BK	70	97	A/B/C	15&O	50 FR	98
71	A/B	9-10	50 BK	72	99	A/B/C	13-14	200 BR	100
73	A/B	8&U	100 FR	74	101	A/B/C	15&O	200 BR	102
75	A/B	11-12	100 FR	76	103	A/B/C	13-14	100 FR	104
77	A/B	9-10	100 FR	78	105	A/B/C	15&O	100 FR	106
79	A/B	8&U	50 FL	80	107	A/B	13-14	200 BK	108
81	A/B	11-12	100 BR	82	109	A/B	15&O	200 BK	110
83	A/B	9-10	50 FL	84	BREAK				
85	A/B	11-12	50 FL	86	111	A/B	13&O	1000 FR	112
87	A/B	9-10	100 BR	88					
BREAK									
89	A/B	11-12	500 FR	90					

**DISTANCE EVENTS:** Distance Freestyle Events designated "13&O" will be combined for competition only and separated for awards into "13-14", "15-16" and "17-18". "Senior" events will be called "15 & O", and will be separated for awards into "15-16" and "17-18".