

Minnesota Short Course 12 & Under State Championships  
(All Zones) with Time Trials  
Friday, Saturday, & Sunday - March 12-14, 2010  
Rochester Recreation Center

**Sponsored By:** Med-City Aquatics  
**Sanctioned By:** Minnesota Swimming, Inc. and USA Swimming, Inc.  
**Meet Sanction Number:** MN10W-01-13Y  
**Time Trial Sanction Number:** MN10W-01-115Y

**Meet Director:** Mike Schumacher  
[MCAMeetDirector@Yahoo.com](mailto:MCAMeetDirector@Yahoo.com)  
(507) 273-7670

**Meet Marshal:** Jeff Chida

**Inquiries:** Contact Meet Director      **Entries:** Mike Schumacher  
MCA\_Entries@Yahoo.com  
4307 56 Street Lane NW  
Rochester MN 55901

**Safety Coordinator:** Jeff Chida

**Team Coaches:** Badger Faison, Jessica Koepp, Sue Bass, Logan Petzold, Joe Dessanoy

**Club Officials:** Natalie Kuramoto

**Officials:** MSI Qualified Officials

**Team President:** Keith Manlove

**Registration Chair:** Cassy Shapley, 1001 Highway # 7, Hopkins, MN 55305 (952)988-4184

**Meet Type:** This is a 3 day Timed Finals meet for all 12 and Under swimmers with Champ times from all zones including Minnesota's out state swimmers.

**Purpose:** To encourage and promote competitive swimming among age group swimmers.

**Pool Location:** Rochester-Olmsted County Recreation Center Natatorium  
21 Elton Hills Drive, Rochester, MN 55901  
Telephone # for emergency use only: (507) 281-6167

**Directions:** Approaching Rochester from the South or North on US Highway 52 take the 19th Street Northwest Exit. If you are coming from the North, take a left turn (East) off the ramp onto 19<sup>th</sup> Street. After crossing the highway bridge, go straight at the stop light onto Elton Hills Drive. Follow the winding Elton Hills Drive to just before the intersection with Broadway (0.8 mile). The Rec Center is on the left prior to the Broadway intersection. If you approach from the South, exit at 19<sup>th</sup> Street. Turn right off the ramp onto 19<sup>th</sup> street. Go straight at the light onto Elton Hills Drive. Follow Elton Hills Drive similarly. Entrance to the pool on competitive days is on the WEST side. **PARK ONLY ON THE WEST SIDE OF THE FACILITY.**

**Time Schedule:** Friday March 12 Warmup pool opens 3:30 PM, Meet Start: 5:00 PM  
Saturday March 13 Warmup pool opens 12:30 PM, Meet Start: 2:00 PM  
Sunday March 14\* Warmup pool opens 8:30 AM, Meet Start: 10:00 AM

**\*NOTE: Daylight Savings Time starts Sunday. Meet start has been adjusted accordingly**

**Facility:** Eight lane, 50 meter indoor pool with a bulkhead that separates the pool into two eight-lane 25 yard courses. The pool is equipped with lane lines and backstroke pennants. Slanted starting blocks are 26 inches above the water surface. The pool depth at the starting end is 16 feet, rising to 7 feet at the bulkhead. Host team reserves the right to start from both ends if needed.

**Continuous warm-up will be available in the shallow-end 25-yard course unless it is being used for competition. Use of the warm-up pool will be restricted to swimmers warming-up and warming down. The NO DIVING rule will constantly be in effect in the warm-up pool. No horseplay will be permitted.**

**Timing:** Electronic timing system with backup buttons and watches, horn start and touchpads at the start end of the pool.

**Meet Lane Timing Needs:** A motion was passed on 10/20/1998 that states: "During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet will not begin until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level."

If your club would like to help out on a specific time or day, please contact the Meet Director.

**Closed Meet:** The Minnesota State Swimming Championships are open to any Minnesota registered athlete. Swimmers who are registered in LSC'S other than Minnesota are not eligible to swim.

**Proof of Times:** All events entered must have verifiable times (from a sanctioned or approved USA Swimming Meet or Time Trial) meeting the MN TSE for that specific event. Proof of these times must accompany your entries. MSI suggests you use the "proof of time" option offered in Hy-Tek's Team Manager.

**Meet Format:** All events are timed finals with only the 500 Free being a deck-seeded event. All other events are pre-seeded. All swimmers must report to their blocks for the start of their heat. The 500 Free will require a positive check-in. Relays will be timed finals and will be swum as described in the Relay section of this information.

**Entries:** All entries must be completed by the entering club or individual who will be solely responsible for the accuracy of the entry. Please call the entries person for directions if you need to hand deliver.

**Entries must include Hy-Tek (or compatible) Team Manager proof of times or they will NOT be accepted. (Teams would have until the Monday Deadline to send in the proven copy of their entry)**

**1) Procedure for swimmers who do not achieve the time standard :**

- i) Swimmers time will be checked by the host team (host team will keep penalty money).**
- ii) If time is not proven, \$100.00 penalty will be paid to the host team. (Proof of time must come from the meet where the time was achieved, as stated on the team's or individual's meet entry.)**
- iii) The host team's swimmers will be checked by ASCA-MN and host teams will pay ASCA-MN.**

iv) When a swimmer uses high school times as proof and does not achieve the time standard, the swimmer will have until the end of the meet to prove their time. Proof times will be accepted from "official meets" which, for high school would include any meet with verifiable results signed by the official in charge of that meet.

**Entry Limitations:** Age of a swimmer is determined by their age on the first day of the State Meet.

**Event Limits:**

11 & 12	9 event maximum
9 & 10	8 event maximum
8 & Under	6 event maximum

4 individual events/day maximum. Relays do not count against limits

**!! New 2004 - Additional Qualifying Criterion for State Championships !!**  
**Affecting swimmers who age-up between A/B Finals and State**

Swimmers are now allowed to swim the events from their old age group in which they HAD champ time(s), in their new age group, provided:

They age up in between the starting dates of A/B Finals and State.

They are either 8 becoming 9, or 10 becoming 11.

They have champ time(s) in their old age group before A/B Finals. Champ times made for the younger age group at A/B Finals may not be entered in State under this provision.

This affects only those events in which a swimmer had champ times (old age group) and do not now have champ times (new age group).

These swimmers will not be counted in the MSI formula concerning number of relays allowed at State based on number of champ swimmers. Swimmers being entered under this new criterion must note this on the hard copy of the entry sheet.

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All seed times must be in either short course yards (seeded first), long course meters (seeded next) or short course meters (seeded final). A swimmer may not exceed 4 events per day, excluding relays.

Minnesota host teams must use Hy-Tek or SDIF compatible software to run swim meets. Those teams using disk entry must use Hy-Tek or SDIF compatible software (Team Manager) to enter this meet. There will be no disks sent out to clubs. Please include a PRINTED AND PROOFED copy of your COMMLINK REPORT, along with your disk as well as the fees calculation form. Minnesota clubs entering this meet must use Hy-Tek or SDIF compatible disk entry unless your club is on record with MSI that you cannot comply with the disk entry requirement. Clubs outside of the state of Minnesota may use Hy-Tek or SDIF compatible to enter this meet or may use the entry form included with this entry.

**RELAYS:**

**To enter a relay at this meet teams must have one swimmer in the age group (by gender) who is entered and swims in at least one individual event at the meet.**

1. All swimmers must be registered members of the club they are swimming with. No unattached swimmers may swim on a relay, nor can there be an "unattached relay" entered in an event.
2. All swimmers must be listed on the club entry sheet or disk in an individual event, or as a "relay only" or "relay alternate" swimmer.
3. A club may enter more than one relay in any event only if the number of swimmers they have with champ times exceeds any multiple of four plus one additional swimmer with a champ time and all those swimmers are entered in the meet. (To enter two (2) relays, you must have five (5) champ swimmers, to enter three (3) relays, you must have nine (9) champ swimmers). If an 8 & under is used to create an additional relay, that swimmer must compete on that relay.

All relay swimmers must meet the requirements 1-3 above.

Swimmer's name, ID# and ages must be put on relay cards.

A swimmer may not swim the same relay in two different age groups, e.g. swimmers that participate in both the Senior and Age Group Championship meets cannot swim the same relay on both weekends. Example: A swimmer competing on a 200 Free relay in the Age Group meet cannot swim in the Senior 200 Free Relay.

**ENTRY DUE DATE: An Email copy of your entry including all proof of times is due Wednesday, March 3rd, 2010 by 2:00PM. You will receive an e-mail reply as confirmation. If you DO NOT receive a reply within 24 hours, call the entries chair (507-273-7670).**

**Optional: A hard copy including all proof of times is due Friday, March 5th, 2010 by 5:00PM.**

**To add swimmers qualifying for events between the entry deadline and 2:00 PM on Monday before the meet or to make changes to your entry, email an entire new entry to the host club, bringing to the meet a new hard copy with all the new events and changes highlighted along with proof of times and a check for the remainder of the entry fees. No changes or new entries will be accepted after the 2:00 PM Monday deadline. It is the duty of the entering team to make sure their entry is correct. It is not the duty of the host to fix or try to figure out the wishes of the entering team.**

**Fees:** \$2.50 per entrant listed on the entry sheet, including "relay only" swimmers, \$5.00 per individual splash, \$20.00 per relay entered. Summary cost per calculation sheet. Swimmers listed as relay alternates only do not have a fee. Checks payable to: **MED-CITY AQUATICS**

**Full Payment (mailed or hand delivered) of ALL Meet Entry Fees is required prior to the 1<sup>st</sup> session in which a club has swimmers. No swimmer on the club shall participate until the club is paid in full.**

**Time Standards:** 2009-2012 MN Swimming Time Standards – effective 4/1/09 will be used. A swimmer must have a CH time or faster to enter the meet. The time must have been achieved since January 1, 2009 and be verifiable. The meet will be seeded with conforming times first and non-conforming times thereafter. The order will be short-course yards, long course meters, short course meters.

**Awards:** Individual Events: 1st - 8th place medals. Relay Events: 1st - 8th place medals. Awards will be presented to the top 8 finishers in each event at award ceremonies during the meet. Certificates will be given to the Top 3 High Point swimmers in each age group and sex. High Point State Championship and Runner-up plaques will be awarded separately for male and female teams in the following age groups: 8 & U, 10 & U and 11-12. An Age Group Championship Trophy will be awarded to the top team. At the completion of both Senior and 12 & Under State Championship meets, team totals will be combined and Team High Point Banners will be awarded to the Top 5 teams in A, AA & AAA Divisions.

**Scoring:** Individual Event Points: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relay event points: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2. All events will be scored to 16 places. This meet will be scored and combined with the Senior State meet totals for Team High Point Banners.

**Distance Events:** A positive check-in will be required for the 500 Free. Check-in will be required by the event number stated at the coach's meeting. Heats will be swum fastest to slowest, all age groups (within the session) combined, women alternating with men, separated for score/awards by age group offered at the meet (per legislation dated June 17, 2008). Minnesota Scratch rules will be in effect.

**Time Trials:** Time trials will be offered, time permitting, at a time designated by the administrative referee. Time trials are open only to swimmers in the meet. \$5.00 per event. Sign up will be at the meet administration area. Time trials count toward a swimmers entry limit - See Entry Limitations.

**Concessions:** Will be provided in the gym. Camping is permitted in the gym.

**Meet Information, Rules and Regulations:** All information rules and regulations, including time standards, schedules, orders of events, meet operations and requirements will be in accordance with Minnesota Swimming, Inc. competitive rules and regulations and USA Swimming Rules and Regulations current editions.

**USA Swimming Membership:** All swimmers must be current 2010 registered athlete members of USA Swimming. All coaches must be current 2010 registered non-athlete members of USA Swimming and have certification required to be a USA Swimming Coach. Any club or individual entering a non-USA Swimming registered swimmer will be subject to a \$25.00 fine per event per swimmer.

**Warm-up:** Current MSI and USA Swimming Rules will govern all aspects of the warm-ups and competition. Swimmers and coaches are expected to be acquainted with all rules and obligations. Failure to follow will result in disqualification of swimmer(s) or coach(s) from next individual event or expulsion from the meet. The NO Diving and Slip-In Entry rules will be strictly enforced.

**Swimmers Without a Coach Present:** USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

**TIMELINES:** Any timelines provided, whether through the MSI phone line, on the MSI web site, or in the meet program, are for information purposes only. Session start times are only approximations, be aware that sessions may start earlier than published.

**Changes to the Meet Information:** Any changes to the meet information will be discussed, reviewed and voted on at the coaches meeting held each morning before the beginning of the first session of the day. Changes must be approved by a 100% vote of coaches in attendance at the appointed meeting.

**Meet Committee:** A meet committee will be formed by the meet referee. It will consist of at least one official (excluding the meet referee), one coach (not from the host club) and one athlete (not from the host club). Judgment decisions cannot be protested.

**Coach Meeting:** Will take place on a regular basis at the discretion of the meet referee. The meeting will not take place during warm-up or the meet unless an emergency decision must be discussed.

**Additional Information:** *No spectators allowed on the pool deck. No swimmers wearing street shoes will be allowed on the pool deck. Coaches and Officials are requested to wear clean tennis shoes.*

**Age Group Championships 2010**  
**March 12-14, 2010**

Event	Min Age	Max Age	Sex	Dist	Stroke	Qualifying Time	Session
1	11	12	F	400	Medley Relay	0	Friday
2	11	12	M	400	Medley Relay	0	Friday
3	9	10	F	50	Free	32.19	Friday
4	9	10	M	50	Free	31.59	Friday
5	11	12	F	50	Free	28.29	Friday
6	11	12	M	50	Free	28.59	Friday
7	9	10	F	100	Back	1:22.19	Friday
8	9	10	M	100	Back	1:21.29	Friday
9	11	12	F	100	Back	1:10.69	Friday
10	11	12	M	100	Back	1:12.29	Friday
11	9	10	F	50	Fly	37.29	Friday
12	9	10	M	50	Fly	36.69	Friday
13	11	12	F	50	Fly	31.09	Friday
14	11	12	M	50	Fly	32.09	Friday
15	11	12	F	500	Free	5:53.89	Friday
16	11	12	M	500	Free	6:04.69	Friday
17	11	12	F	200	Free Relay	0	Saturday
18	11	12	M	200	Free Relay	0	Saturday
19	0	10	F	200	Free Relay	0	Saturday
20	0	10	M	200	Free Relay	0	Saturday
21	11	12	F	100	Breast	1:18.59	Saturday
22	11	12	M	100	Breast	1:20.49	Saturday
23	9	10	F	100	Breast	1:33.39	Saturday
24	9	10	M	100	Breast	1:31.79	Saturday
25	0	8	F	50	Breast	51.49	Saturday
26	0	8	M	50	Breast	51.49	Saturday
27	11	12	F	100	Free	1:00.49	Saturday
28	11	12	M	100	Free	1:02.69	Saturday
29	9	10	F	100	Free	1:11.89	Saturday
30	9	10	M	100	Free	1:10.79	Saturday
31	0	8	F	50	Free	39.69	Saturday
32	0	8	M	50	Free	39.69	Saturday
33	11	12	F	200	IM	2:30.99	Saturday
34	11	12	M	200	IM	2:35.59	Saturday
35	9	10	F	200	IM	2:55.99	Saturday
36	9	10	M	200	IM	2:55.29	Saturday
37	0	8	F	100	IM	1:38.69	Saturday
38	0	8	M	100	IM	1:38.69	Saturday
39	11	12	F	100	Fly	1:09.79	Saturday
40	11	12	M	100	Fly	1:11.69	Saturday
41	9	10	F	100	Fly	1:26.69	Saturday

42	9	10	M	100	Fly	1:25.59	Saturday
43	0	10	F	200	Medley Relay	0	Sunday
44	0	10	M	200	Medley Relay	0	Sunday
45	11	12	F	200	Medley Relay	0	Sunday
46	11	12	M	200	Medley Relay	0	Sunday
47	0	8	F	50	Fly	48.89	Sunday
48	0	8	M	50	Fly	48.89	Sunday
49	9	10	F	50	Breast	41.99	Sunday
50	9	10	M	50	Breast	42.19	Sunday
51	11	12	F	50	Breast	36.19	Sunday
52	11	12	M	50	Breast	37.29	Sunday
53	0	8	F	100	Free	1:28.79	Sunday
54	0	8	M	100	Free	1:28.79	Sunday
55	9	10	F	200	Free	2:36.39	Sunday
56	9	10	M	200	Free	2:31.89	Sunday
57	11	12	F	200	Free	2:14.09	Sunday
58	11	12	M	200	Free	2:16.19	Sunday
59	0	8	F	50	Back	46.39	Sunday
60	0	8	M	50	Back	46.39	Sunday
61	9	10	F	50	Back	38.09	Sunday
62	9	10	M	50	Back	38.29	Sunday
63	11	12	F	50	Back	32.49	Sunday
64	11	12	M	50	Back	33.49	Sunday
65	9	10	F	100	IM	1:22.59	Sunday
66	9	10	M	100	IM	1:21.09	Sunday
67	11	12	F	100	IM	1:10.89	Sunday
68	11	12	M	100	IM	1:11.49	Sunday
69	11	12	F	400	Free Relay	0	Sunday
70	11	12	M	400	Free Relay	0	Sunday

Fee Calculation Form - return with your entry  
12 and Under State Championship March 12-14, 2010  
Hosted by: Med-City Aquatics.

**Meet Sanction Number: MN10W-01-13Y    Time Trial Sanction Number: MN10W-01-115Y**

Your Club: \_\_\_\_\_ Club Abbreviation: \_\_\_\_\_

Coach: \_\_\_\_\_ Coach's Phone # (\_\_\_\_\_) \_\_\_\_\_

Entries Person: \_\_\_\_\_ Phone # (\_\_\_\_\_) \_\_\_\_\_

Entry Data costs:

\_\_\_\_\_ total Swimmers x 2.50 = \$ \_\_\_\_\_ # of boys = \_\_\_\_\_ # of girls = \_\_\_\_\_

\_\_\_\_\_ total Splashes x \$ 5.00 = \$ \_\_\_\_\_ # of boys = \_\_\_\_\_ # of girls = \_\_\_\_\_

\_\_\_\_\_ total Relays x \$ 20.00 = \$ \_\_\_\_\_ # of boys = \_\_\_\_\_ # of girls = \_\_\_\_\_

\_\_\_\_\_ Full summary x \$10.00 (Hard Copy) = \$ \_\_\_\_\_

\_\_\_\_\_ Team Results only x \$ 4.00 (Hard Copy) = \$ \_\_\_\_\_

\_\_\_\_\_ Disk results only x \$2.00 = \$ \_\_\_\_\_

TOTAL DUE = \$ \_\_\_\_\_

Make Checks Payable to: **Med-City Aquatics. All fees are due with your entry.**  
**Return this page with your entry.**

**Summaries should be mailed to the following:**

Name: \_\_\_\_\_ Address \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

**Who should we contact if we have a problem with your entry? Please Print Clearly & provide an email contact.**

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Day Phone #: (\_\_\_\_\_) \_\_\_\_\_ Eve Phone #: (\_\_\_\_\_) \_\_\_\_\_

*(If you are having a team representative pick up awards, add a place for the name and phone number of this person.)*

Mail entries with check to: Mike Schumacher 4307 56 Street Lane NW Rochester, MN 55901

**The undersigned team representative certifies by his/her signature that all athletes participating in this meet are currently registered athlete members of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.**

**Signature:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_

CLUB \_\_\_\_\_ CLUB ABBREV: \_\_\_\_\_  
 ENTRY CHAIRPERSON \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

INDIVIDUAL ENTRIES

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ D.O.B. \_\_\_\_\_ USS# \_\_\_\_\_

Event No.								
Seed Time								

RELAY ENTRIES

Event No.								
Team (A/B...)								
Seed Time								
Event No.								
Team (A/B...)								
Seed Time								