



## Minnesota Achievement Championships ALEXANDRIA SWIM CLUB

Saturday, February 25, 2017 — to — Sunday, February 26, 2017

**Sanction Number:** MN17W-12-01Y **Time Trial Sanction Number:** MN17W-12-01 TT

**Held under the sanction of USA Swimming.**

In granting this sanction it is understood and agreed that USA Swimming and Minnesota Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Inquiries:** Emma Lawrenz: coachemma@mnstorm.org

**Meet Type:** This is a 2 day meet for all swimmers with verifiable time slower than a “B” time standard. All “C” and “Pre-C” times qualify. This is a closed meet: Only swimmers from the MN LSC can participate.

**Fees:** \$3.00 MSI fee, \$5.00 STORM Meet fee, \$5.50 per individual splash, \$22.00 per relay.

**Time Schedule:** Saturday and Sunday morning warm-up sessions will start at 7:50AM and end at 8:50AM. Meet will start at 9AM. Saturday and Sunday afternoon sessions will not start before 11AM following a minimum of a 45 minute warm-up.

**Awards:** Individual Events: Strip Ribbons, 1<sup>st</sup> – 8<sup>th</sup>. Relay Events: Strip Ribbons, 1<sup>st</sup> – 8<sup>th</sup>. Certificates will be issued for new Champ, A and B times. Awards will be given out to athletes 30 minutes after the posting of the final results, barring complications with the results.

**Programs:** Programs will be on sale during the meet

**Amenities:** Shirts on Site will have meet apparel available for sale. Camping will be available in the gymnasium across from the pool. Concessions will be available.

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### **FACILITY/LOCATION**

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**Meet Location:** Discovery Middle School 510 McKay Ave N. Alexandria, MN 56308

**Directions:** Exit 103 North off I-94 onto MN Hwy 29. Turn Right on 34th Avenue West. Follow for 4.6 miles to Discovery Middle School. School will be on your left (or West side of McKay Ave). Pool is located on the north side of the building. Use front parking lot and enter front doors.

**Facility:** 8 lanes, 25 yard indoor pool with lanelines and backstroke pennants. Slanted Starting blocks are 30 inches above the water surface.

<b>Water depth:</b>	The minimum water depth, measured in accordance with Article 103.2.3 is 12 ft at the start end and 3.5 ft at the turn end.
<b>Course certification:</b>	The competition course has NOT been certified in accordance to 104.2.2C(4).
<b>Other:</b>	We Got Game Photography and Shirts on Site will be at the meet.

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## ENTRIES

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<b>Entry Close Date:</b>	<b>Tuesday, February 14, 2017.</b> This is the final day that entries will be accepted, with the exception of new qualifiers.
<b>Entry Limitations:</b>	Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 4 individual events per day and 1 relay. All swimmers must have verifiable C times. These times must be verifiable from January 1, 2016 to present. The meet will be seeded with conforming times first and non-conforming times thereafter.
<b>C Finals Relays:</b>	200 Freestyle Relays will be offered according to the following categories – 10&U, 12&U and 13&O for each gender. Each club is limited to three (3) relays per event. Ribbons for 1st-8th place will be awarded for each relay event. <ul style="list-style-type: none"><li>• No “relay only” swimmers will be permitted to participate on relays. All swimmers must have qualified and be entered to swim an individual event in MAC in order to participate on a relay.</li><li>• Once a swimmer is qualified and entered for a MAC individual event there are no time requirements to participate on a relay.</li><li>• 10&amp;U and 12&amp;U relays they must be comprised of swimmers up to the maximum age for the event.</li><li>• 13&amp;O relays they must be comprised of swimmers age 13 or older.</li></ul> <input type="checkbox"/> Mixed 200 Free Relays on Sunday must be comprised of two boys and two girls.

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## ELIGIBILITY / ATHLETES

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<b>Eligibility:</b>	Swimmers must have a verifiable time to enter.
<b>Time Standards:</b>	MN Swimming Time Standards – the most current edition published on the MSI website will be used.
<b>Meet Lane Timing Needs:</b>	A motion was passed on 10/20/1998 that states: “During all MSI regularly bid, sanctioned events, visiting clubs will provide timers as necessary for the duration of the competition. The meet <u>will not begin</u> until the timing needs have been met. The host club may not place requirements on any individual team to participate at any specific level.” If your club would like to help out on a specific time or day, please contact the Meet Director

**ORDER OF EVENTS**

SATURDAY AM				SATURDAY PM			
Girls	Age	Event	Boys	Girls	Age	Event	Boys
	12&U	200 Free Relay	1			200 Free Relay	
2	10&U	200 Free Relay	3	31	13&O	200 Free Relay	32
BREAK				33	12&U	200 Free Relay	
BREAK				BREAK			
	11-12	400 IM	4				
	11-12	50 FR	5	34	11-12	400 IM	
6	9-10	50 FR	7	35	11-12	50 FR	
8	8&U	50 FR	9	36	13-14	100 FL	
	11-12	100 FL	10	37	15&O	100 FL	
11	10&U	100 FL	12		13&O	100 FL	38
13	8&U	50 BK	14	39	11-12	200 BR	
	11-12	100 BK	15	40	13-14	100 IM	
16	10&U	100 BK	17	41	15&O	100 IM	
18	8&U	100 IM	19		13&O	100 IM	42
	11-12	100 IM	20	43	11-12	100 FL	
21	9-10	100 IM	22	44	13-14	200 FR	
	11-12	50 BR	23	45	15&O	200 FR	
24	9-10	50 BR	25		13&O	200 FR	46
	11-12	200 FR	26	47	11-12	100 BK	
27	10&U	200 FR	28	48	13-14	100 BR	
	11-12	200 BR	29	49	15&O	100 BR	
BREAK					13&O	100 BR	50
	11-12	1650 FR	30	51	11-12	100 IM	
				52	13-14	200 IM	
				53	15&O	200 IM	
					13&O	200 IM	54
				55	11-12	50 BR	

56	13-14	100 BK	
57	15&O	100 BK	
	13&O	100 BK	58
59	11-12	200 FR	
<b>BREAK</b>			
60	13-14	500 FR	
61	15&O	500 FR	
	13&O	500 FR	62
63	11-12	1650 FR	
64	13&O	1650 FR	65

SUNDAY AM		
Girls	Age	Event
66	12&U	Mixed 200 FR Relay*
67	10&U	Mixed 200 FR Relay*
<b>BREAK</b>		
	11-12	200 IM
69	10&U	200 IM
71	8&U	50 BR
	11-12	50 BK
74	9-10	50 BK
	11-12	200 FL
77	8&U	100 FR
	11-12	100 FR
80	9-10	100 FR
82	8&U	50 FL
	11-12	100 BR
	11-12	200 BK
86	9-10	50 FL
	11-12	50 FL
89	10&U	100 BR
<b>BREAK</b>		
	11-12	500 FR
92	10&U	500 FR
	11-12	1000 FR

SUNDAY PM			
Girls	Age	Event	Boys
95	13&O	Mixed 200 FR Relay*	
96	12&U	Mixed 200 FR Relay*	
<b>BREAK</b>			
97	13-14	400 IM	
98	15&O	400 IM	
	13&O	400 IM	99
100	11-12	200 IM	
101	13-14	200 FL	
102	15&O	200 FL	
	13&O	200 FL	103
104	11-12	50 BK	
105	13-14	50 FR	
106	15&O	50 FR	
	13&O	50 FR	107
108	11-12	200 FL	
109	13-14	200 BR	
110	15&O	200 BR	
	13&O	200 BR	111
112	11-12	100 FR	
113	13-14	100 FR	
114	15&O	100 FR	
	13&O	100 FR	115
116	11-12	100 BR	
117	11-12	200 BK	
118	13-14	200 BK	
119	15&O	200 BK	

	13&O	200 BK	120
121	11-12	50 FL	
<b>BREAK</b>			
122	11-12	500 FR	
123	11-12	1000 FR	
124	13&O	1000 FR	125