

Twin III
Saturday May 8th, and Sunday May 9th, 2010
Invitational

Meet Type: This is a invitational for all swimmers with Ch, A, B, C and Pre-C events.
Teams Attending: AquaJets, FastJets, Faribault, Med City, Minnetonka, NSAC, Storm, Thunderbolts, YMCA Otters, Waukesha Express

Pool Location: University of Minnesota Aquatic Center 1900 University Ave SE, Minneapolis, MN 55455

Time Schedule: Saturday Afternoon Session 1: W/U 12:00noon, Meet Start 1:00p. Saturday Afternoon Session 2: W/U3:30 W/U, Meet Start 4:00 (approximately) Sunday Morning Session: W/U 7:30a, Meet Start 8:30a

Facility: 8 Lane, 50 Meter Indoor pool with lanelines and backstroke pennants. (Slanted starting blocks are 16 inches above the water surface. The pool depth at the starting end is 7 feet deep.

Timing: Electronic timing system with backup buttons and/or watches, horn start and touchpads at the start end of the pool.

Entry Limitations: Age of a swimmer is determined by their age on the first day of the meet. A swimmer may compete in a maximum of 3 individual events per day, not including relays.

Entry Due Date: Thursday, 4/29/2010, 10:00pm

Awards: None – special award for heat winners

Scoring: None

Fees: 31.00 to attend this meet

Concessions: Will be provided.

Order of Events: See next page

Saturday 12:00pm warmup, 1:00pm start

Girls

Boys

	SESSION 1	
1	50 Back	2
3	200 Free	4
5	100 Fly	6
7	100 Back	8
9	100 Breast	10
	SESSION 2	
11	200 IM	12
13	200 Fly	14
15	50 Free	16
	Break	
17*	1500 Free	18*

*Fastest to slowest, alternating women and men

Sunday 7:30am warmup, 8:30am start

Girls

Boys

	SESSION 3	
19	100 Free	20
21	50 Breaststroke	22
23	200 Backstroke	24
25	50 Fly	26
27	200 Breast	28
	Break	
29*	400 Free	30*

*Fastest to slowest, alternating women and men